

Newton Surgery

Practice Newsletter

Special points of interest:

- Practice list size of 4284 patients
- 2 GP Partners Dr Gulrez Khan & Dr Claire Renwick
- Business Manager, Mrs Melanie Keane
- Office Manager, Marie Liddell
- Member of Leeds North Clinical Commissioning Group

Influenza Season Adults & children

The Flu season is here! **FREE** Flu vaccinations are available to patients in "At Risk" groups. If you are aged 65 or over we recommend that you get vaccinated against the flu virus.

Patients who suffer with a chronic disease such as Asthma, Diabetes, Heart Disease are also eligible as are those patients who are registered with the practice as a Carer.

Please ask if you are eligible at reception.

Children & Flu

This year the flu vaccine is available to those children aged 2, 3 & 4 as at 1st September 2014.

Please ask at reception if your child is eligible

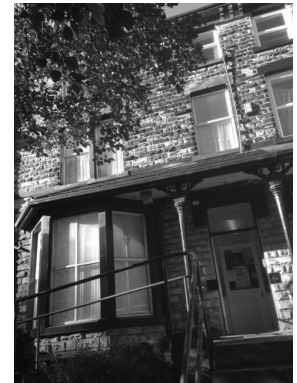
Online Services

We are pleased to offer an online appointment booking and repeat prescription request service through our practice website:

www.newtonsurgery.co.uk

Registration is required for this service. Please attend surgery

Opening Times
Monday—Friday 08:00 - 18:00
Appointments available:
 Monday 07:00 — 17:30
 Tuesday 08:00—17:30
 Wednesday 07:00—17:30
 Thursday 08:00—17:30
 Friday 08:00—17:30



Providing Quality Care for our patients

Pneumococcal Vaccination

Are you aged 65 or over or do you have a chronic disease? Have you had the Pneumococcal vaccination? Check at reception to see if you are eligible for this **FREE** vaccination. Protecting yourself from this illness is very important especially in those patients over the age of 65 years and with chronic diseases. Speak to the doctor or Nurse if you want to discuss this further

4pm, 2 days after receiving your request.

Prescriptions requested on:
 Monday collection Wednesday
 Tuesday collection Thursday
 Wednesday collection Friday
 Thursday collection Monday
 Friday collection Tuesday.

with a photographic form of ID and a utility bill showing your current address. A receptionist will then register you for the service. (Please be aware that we can only process **repeat** prescription requests if the medication is on **repeat**).

Your prescription will be ready for collection from the surgery or pharmacy, of your choice after

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Vaccination updates

Shingles Vaccination

Are you aged 70,78 or 79? If so you may be eligible for a **Free** Shingles vaccination. Please check with a receptionist to see if you are eligible and if so book an appointment **NOW**. Don't miss out.

If you've ever had chickenpox, you could be at risk of developing shingles.

Older people are more likely to get shingles. Shingles is the reactivation of the chickenpox virus within your body, so you

cannot catch shingles from anyone else. However if someone has not had chickenpox they may catch it from someone who has shingles.

For more information, take a leaflet from the waiting room or ask the receptionist for a copy.

More information can be found by visiting NHS Choices at www.nhs.uk/conditions/shingles/pages/introduction.aspx

OR

www.shinglesaware.co.uk

**HOW IMPORTANT
IS YOUR Diabetes
CONTROL TO
YOU?**
Get it checked

MMR Vaccinations catch up programme

You may be aware that there has been an increase in the number of measles cases in England with some local outbreaks.

Two doses of MMR vaccine offer the best way to protect your child against measles, mumps and rubella. In light of the continuing measles activity across the country, if your child

has not received two doses of the MMR vaccine, we strongly recommend that you arrange for your child to have the MMR vaccine now. If you are unsure as to whether your child has been immunised, please contact the surgery and we will check our records and advise you.

Become a Practice Health Champion



Practice Health Champions are people who voluntarily give their time to work with the staff in their local GP Practice to find new ways to improve the services that the practice offers and to help to meet the health needs of patients and the wider community.

Volunteer in your community as a Practice Health Champion - 2 day training course provided
Gain new skills, experiences and boost your confidence
Encourage others to lead a healthier lifestyle
Work with your Practice for the benefit of the local community

For an application form please speak to a member of staff or ring Altogether Better on 01924 398428 for more information.

Email: altogether.better@swyt.nhs.uk

